

Scala

Brief instructions for patients



Dear patient,

Your specialist has given you a diagnostic device to find out whether you have sleep apnea. On these pages we will show you how to put on the device. Correct placement is required for an error-free recording.

Overview

Scala with chest strap and nasal cannula attached.

- 1 T-adapter
- 2 Nasal cannula
- 3 Abdomen strap
- 4 Finger sensor
- 5 Scala with chest strap
- 6 Hook-and-loop wrist strap



How do I put on the polygraph device Scala?



1. Put device and chest strap over the undershirt as shown. Scala should sit firmly but comfortably. The sensors work reliably only when Scala is worn this way.



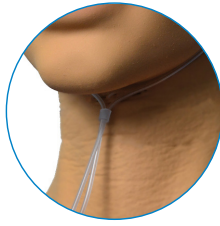
3. Insert the black pressure connector from the abdomen strap into the black socket on the device and secure it with a half-turn.



2. Put the abdomen strap around the abdomen as shown. The pressure sensor is to be inside the belt.



4. Before you use the finger sensor, trim your fingernail and remove any nail polish. Place your finger in the grey sensor cover. The cable should lie over the back of your hand. Secure it to the hook-and-loop wrist strap.



5. Now put on the nasal cannula, placing the prongs in the nostrils. The tubing should be draped behind the ears and under the chin and secured with the plastic ring.

6. If the nasal cannula is not yet connected, screw it onto the available white connector on the bottom of the device.

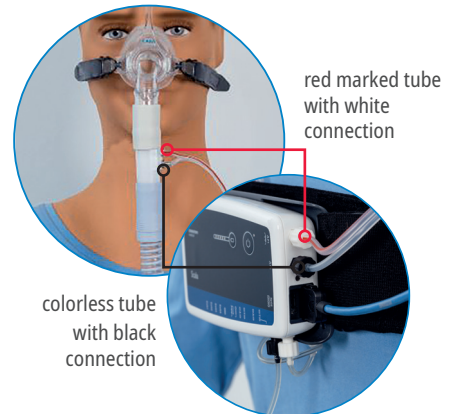
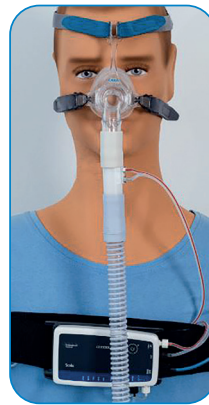
Therapy monitoring

To monitor your therapy, insert the T-adapter between the tube and mask.

Connect both adapter tubes to Scala as shown.

Connect the red-marked tube to the white socket on the side of the device and the colorless tube with the black connection to the black socket.

The nasal cannula is not to be used!




Start the recording

Automatic Start

The recording starts and stops automatically at the times set in the doctor's practice.

Manual Start/Stop

Start the recording by holding down the start button  for at least two (2) seconds.

The recording stops automatically; **you do not have to do anything.**



During the recording, the green LED flashes every four (4) seconds.

Stop the recording

The device ends the recording automatically.

You do not have to do anything.

On the next morning, please put all parts back into the case and return it to the doctor's practice.

NOTE: For hygiene reasons, put the nasal cannula into a separate bag!

Learn more about Scala:



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