



# CARA



Sleep soundly.



CARA

CARA Full Face

# CARA. Sleep soundly.

The thoroughly modern nasal and full face masks in the CARA family satisfy patient requirements for a perfect fit, great wearing comfort, good skin compatibility and gentle, quiet exhalation.

Our successful CARA masks win over fans with their **lightness, the soft, supple mask cushion, adjustable headgear, an excellent fit** and other clever details.

CARA offers the right solution to nearly every mask wearer.

## Mask cushion – stable with perfect fit

The mask makes a good first impression that lasts. The soft and supple mask cushion fits snugly and hugs the contours of the face, making it ideal for long wearing comfort even without a forehead cushion.

## Bank on the best – sensational silence

The exhalation system located near the ball-and-socket joint has proven itself over the years. The system has been perfected in the CARA family of masks. Fewer parts simplify use, reduce the overall weight and help the environment by decreasing the amount of material that has to be produced and disposed of.

Remaining features include the diffuse air flow that does not disturb patient or bed mate and the closed upper area that prevents air from flowing toward the patient's eyes.

## Award-winning CARA

CARA nasal convinced you and many others. The mask was awarded internationally recognized design prizes such as the Focus Open in 2018 and the German Design Award.



Focus Open 2018  
Special Mention  
BADEN-WÜRTTEMBERG  
INTERNATIONAL DESIGN AWARD

## Simply put it on.



Loosen both clips from the mask.



Pull the headgear over your head.



Fasten the lower clips on the mask.



Adjust the upper portion of the headgear so that it is as loose as possible and as tight as necessary.



Color-coded headgear – colored (teal or syrah) part on top

Soft, supple mask cushion in three sizes

Quick-release cord for rapid removal

Extremely durable material

Choice of manual threading or permanent assembly

Quiet and diffuse exhalation system

Ball-and-socket joint with 360° and 3D rotation for freedom of movement



Adjust the lower portion of the headgear the same way so that it is as loose as possible and as tight as necessary.



Position the headgear on the head so that the lower portion does not hit the ear lobes.



Adjust the forehead support as loosely as possible; it does not have to lie on the forehead.



You'll find our user video on YouTube.

## Replacement parts



**Headgear  
CARA**  
incl. headgear clips  
XS: WM 25191  
Standard: WM 25192



**Headgear  
CARA Full Face**  
incl. headgear clips  
WM 25243



**XL Headgear  
CARA/CARA Full Face**  
without  
headgear clips  
WM 25338



**Mask cushion  
CARA**  
Size XS: WM 25189  
Size S/M: WM 25238  
Size M/L: WM 25239



**Mask cushion  
CARA Full Face**  
Size S: WM 25601  
Size M: WM 25602  
Size L: WM 25603



**Quick-release cord  
CARA Full Face**  
WM 25623

You will find more information about our therapy solutions, accessories and mask systems at [loewensteinmedical.com](http://loewensteinmedical.com)

## Technical data

	CARA	CARA Full Face		CARA	CARA Full Face
Product class as per 93 / 42 / EEC	II a	II a	Flow resistance		
Dimensions (W x H x D)	72 x 112 x 70 mm (Size XS) 72 x 117 x 70 mm (Size S/M) 72 x 118 x 70 mm (Size M/L)	93 x 145 x 89 mm (Size S) 95 x 160 x 90 mm (Size M) 95 x 174 x 91 mm (Size L)	• at 50 l/min • at 100 l/min	0.2 hPa 0.9 hPa	0.15 hPa 0.5 hPa
Weight	58 g (Size XS) 59 g (Size S/M) 60g (Size M/L)	93 g (Size S) 97 g (Size M) 102 g (Size L)	Flow resistance, anti-asphyxia valve		
Dead space	74 ml (Size XS) 76 ml (Size S/M) 79 ml (Size M/L)	180 ml (Size S) 219 ml (Size M) 244 ml (Size L)	• Inspiration at 50 l/min • Expiration at 50 l/min	- -	0.6 hPa 0.8 hPa
Therapy pressure	4 hPa – 30 hPa	4 hPa – 25 hPa	Sound pressure level, anti-asphyxia valve		
Tube connector: cone complies with EN ISO 5356-1	Ø 22 mm (male)	Ø 22 mm (male)	• Open: • Close:	- -	0.5 hPa 2.2 hPa
Temperature range	+5 °C to +40 °C -20 °C to +70 °C	+5 °C to +40 °C -20 °C to +70 °C	Declared dual number noise emission values as specified in ISO 4871:		
			• Acoustic pressure level: • Acoustic power level: • Uncertainty factor:	18 dB(A) 26 dB(A) 3 dB(A)	19 dB(A) 27 dB(A) 3 dB(A)
			Service life	5 years	5 years
			Useful life	up to 12 months <sup>1</sup>	up to 12 months <sup>1</sup>
			Standards used	EN ISO 17510: 2020	EN ISO 17510: 2020

<sup>1</sup> Materials used in the manufacture of masks can age prematurely when they are exposed to aggressive cleaning products. It may therefore be necessary to replace mask parts earlier.

Device description	Size	Article-Nr.
CARA Nasal	XS	WM 25590
CARA Nasal	S/M	WM 25600
CARA Nasal	M/L	WM 25610
CARA Full Face	S	WM 25630
CARA Full Face	M	WM 25640
CARA Full Face	L	WM 25650

**CE 0197**



**Headquarters**  
Löwenstein Medical  
Kronsaalsweg 40  
22525 Hamburg, Germany  
T. +49 40 54702-0  
F. +49 40 54702-461  
[info@loewensteinmedical.com](mailto:info@loewensteinmedical.com)

**Headquarters**  
Löwenstein Medical  
Arzbacher Straße 80  
56130 Bad Ems, Germany  
T. +49 2603 9600-0  
F. +49 2603 9600-50  
[info@loewensteinmedical.com](mailto:info@loewensteinmedical.com)  
[loewensteinmedical.com](http://loewensteinmedical.com)

